CINAHL Video Tutorials

If you would like to brush up on your CINAHL searching skills, try reviewing one of their online tutorials. Videos include basic searching, using subject headings, continuing education modules and more:

https://connect.ebsco.com/s/topic/0TO1H000000HHf5WAG/cinahl?language=en_US

Running a Nursing Journal Club

Journal clubs have a long history as a teaching tool in the medical profession but are still fairly new to nursing. Journal clubs are a good way to learn how to review and appraise current literature and incorporate evidence-based practices into patient care. View some articles from PubMed on nursing journal clubs at the link below:


Learn more about appraising the literature by taking the Library’s class “Finding Evidence, Part 2: How to evaluate the literature.” Our next session is September 26. Register on INEx Connect.

Spotlight on Resources: Natural Medicines

The Natural Medicines database is a good resource for information on dietary supplements, herbs, alternative therapies and integrative medicine. Product monographs include an evidence-based rating scale assessing the safety and effectiveness of natural medicine ingredients. An extensive list of health and wellness topics include Ayurveda, Hypnotherapy, Therapeutic Touch, and diet programs such as Atkins, and Weight Watchers.


For assistance, email fishbon@ucsf.edu or contact a librarian:

Ari Kleiman, MLIS
Clinical Research Librarian
Patients and Families
415-885-7285
ari.kleiman@ucsf.edu

Michelle Lieggi, MLS
Clinical Research Librarian
Systematic Reviews & Research
415-353-9699
michelle.lieggi@ucsf.edu

Laura Olson, MSLIS
Clinical Research Librarian
Clinical Staff Support
415-885-7887
lauraolson@ucsf.edu

The Fishbon Library is part of the UCSF Institute for Nursing Excellence